



# KUTUMB

HOSTEL NEWSLETTER

YEAR 2022-2023

PADMA SHRI PADMA SACHDEV  
GOVERNMENT COLLEGE FOR WOMEN,  
GANDHI NAGAR, JAMMU





### **From Principal's Desk**

I extend a warm welcome to all the residents of the PSPS GCW Gandhi Nagar hostel. I know that leaving home and living away from your family and loved ones can be challenging but your years in a hostel will train you in life skills that you would not get a chance to learn otherwise. You learn how to be on your own – become more independent, responsible for your own self. You learn how to share a space with total strangers and find best friends in them. You learn how to navigate your way through life – food, water, assignments, and whatnot. School is a temple of learning where you could learn how to read, write, and create something new, and here in PSPS GCW Hostel you are provided with the perfect platform to show your talents. I wish to extend my deep appreciation to all those who have so generously volunteered their time and talents for the publication of the newsletter. GCW hostels are home away from home wherein the physical as well as psychological growth of the students is channelized in the virtue of success. The value of self-discipline, decision making cultural closeness, and moral resurgence are inculcated to develop students as good citizens and good human beings. I wish you all a very comfortable stay and every good luck as you leave the gates of this home away from home.

With warm regards,

Prof. Meenu Mahajan

Principal



## MESSAGE

“Good company in a journey makes the way seem shorter”

Greetings from the Hostel Convenor! I hope this message finds you all in good health and high spirits. In order to maintain a peaceful and lively living environment within our hostel community, I would like to convey my gratitude to every one of the residents for their assistance and support. I would like to bring some important updates to your attention. Over the past few months, our hostel team has been working diligently to improve various aspects of our facilities and services. I'm quite happy to share my thoughts on the publication of the yearly hostel newsletter. You may learn more about the numerous extracurricular activities that took place in the hostel this year as you flip through the pages. Additionally, our students have used creativity to convey their feelings, objectives, thoughts, and ideas.

Life in a hostel makes a student self-dependent. It makes her smart, active, and disciplined. It gives the students ample chance to learn how to lead an independent, interdependent, and responsible life. It plays a vital role in the development of the personality of the students. Students of different personalities, characters, family backgrounds, habits, and tastes live together under the same roof.

Prof. Neelam Bhagat

(Hostel Convener)

## MESSAGE



Dear Residents of the Hostel,

It brings us great pleasure to welcome you all to the PSPS GCW Gandhi Nagar hostel, which works hard to give students a comfortable and healthy environment with total safety and security in the hostel. As the warden of the hostel, I would like to take a moment to address all of you, we make an effort to not only give our students a tidy, pleasant, and safe environment to live in but also to promote discipline in daily life. We encourage students to practice self-discipline since we know that it is essential for success and professional development. The Warden and the hostel staff ensure that the students get a clean, green and relaxed atmosphere. We promote green sustainability inside the hostel premises.

We realize that living away from home may be both exhilarating and demanding. I want to remind everyone to put their own health first, by taking regular exercise, eating wholesome foods, and getting adequate sleep. Don't forget to put your mental health first by getting help from your friends, the warden, or the dedicated staff members that are there to help you. I also want to encourage everyone to participate in the numerous extracurricular activities and events the hostel hosts. These pursuits not only offer a chance for leisure and entertainment but also advance skill and personal development. The value of open communication is something I want to highlight. Please do not hesitate to contact me or any other members of the hostel staff if you have any questions, comments, or concerns. We are here to support you and ensure your time in the hostel is memorable and fulfilling. The inmates of the hostel are encouraged to live in harmony, alike one big family, offering each other a helping hand whenever required. Let us continue to create a positive and supportive environment where each resident feels appreciated and safe and can thrive academically, socially, and personally. Together, we can overcome any challenges and make our hostel a place we are proud to call home.

Wishing you all good luck.

Warm regards,

Anita Kotwal

(Hostel Warden)

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# Introduction

The word “Hostel” may not sound too thrilling, but life at the hostel is completely different and filled with loads of memories. Hostel life gives a chance to the hosteller to discover a sense of responsibility, self-care, and independence. The main objective of the girl’s hostel is that girl students are not denied of the opportunity to continue their studies due to distance to college, parent’s financial affordability, and other connected societal factors. The girl’s hostel of Padma Shri Padma Sachdev G.C.W Gandhinagar College Jammu was established on the 24th of November 1976 by Begum Sheikh Mohammed Abdullah. This hostel has three wings - Old Wing, Red Wing, and White Wing. Old Wing has two floors and 32 rooms in total, Red Wing consists of two floors and 16 rooms, and White Wing has 14 rooms in total. The old wing and Red wing have accommodation of 4 students per room and White wing has accommodation of 5 students per room.



# Picnic

The hostellers of the college embarked on a memorable journey to the enchanting Krimchi temple for a delightful picnic on 3<sup>rd</sup> September 2022. The journey to Krimchi temple unfolded like a scenic dream, with winding roads flanked by lush greenery and majestic mountains standing tall as guardians of nature's beauty. The air was filled with a harmonious melody of joyous conversations and carefree laughter, creating an atmosphere brimming with happiness.



# Teachers' day celebration

गुरु ब्रह्मा गुरु विष्णु, गुरु देवो महेश्वरा गुरु साक्षात् परब्रह्म, तस्मै श्री गुरुवे नमः  
तस्मै श्री गुरुवे नमः तस्मै श्री गुरुवे नमः

The hostellers celebrated Teachers Day on 5<sup>th</sup> September 2022 to show their gratitude. The Principal, hostel committee members, hostel warden, and assistant warden were welcomed by handmade bouquets made by the students followed by cake-cutting and dance performances.





# Freshers cum Farewell party 2022

The fresher's cum farewell party was organized in the hostel on September 9, 2022. The party commences with the lighting of the lamp by worthy Principal Prof. Minu Mahajan, the hostel convener Dr. Sujata Salathia, the hostel warden Mrs. Anita Kotwal, the Hostel Committee members, and assistant Vandana Sharma. It was followed by dance performances, games, and some emotional speeches by seniors. People say goodbyes are always sad but we bid goodbye to them with happy faces and loads of love for them in our hearts.



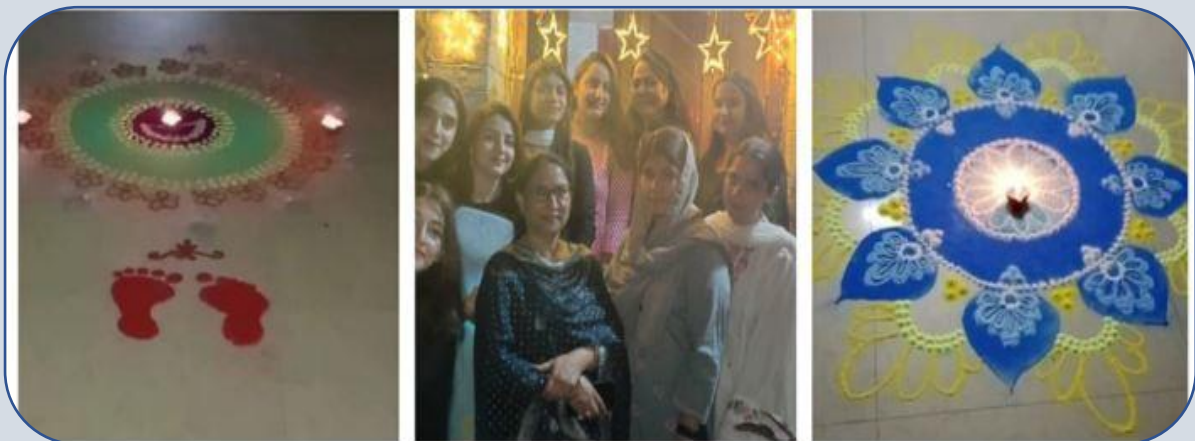
# Awareness Lecture on PCOS

On day awareness lecture on polycystic ovarian syndrome (PCOS) was organised by the Department of Home Science in collaboration with the hostel on 16<sup>th</sup> September 2022. The resource person was the renowned gynaecologist Dr Nirmala Pandita. The lecture was organised to create awareness regarding PCOS among the students of the college.



# Diwali celebrations

A memorable night was celebrated at PSPS GCW Gandhi Nagar Jammu, Girls hostel, on 24<sup>th</sup> October 2022. It was certainly a moment worth cherishing for all the girls but, especially for those who were not at home for Diwali for the first time. The blues of missing the family and hometown was soon drowned by the planning and preparations for the Diwali evening which included a puja, a very special dinner, and a lot of fun late into the night. The delicious sweets, rangoli, lights, diyas, and fireworks made it a beautiful evening. It felt so warm coming together with people who were strangers to each other at the start of the term, now friends and bonded for a lifetime.



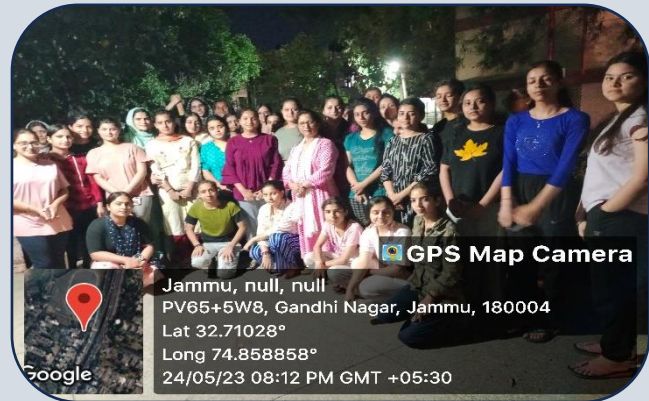
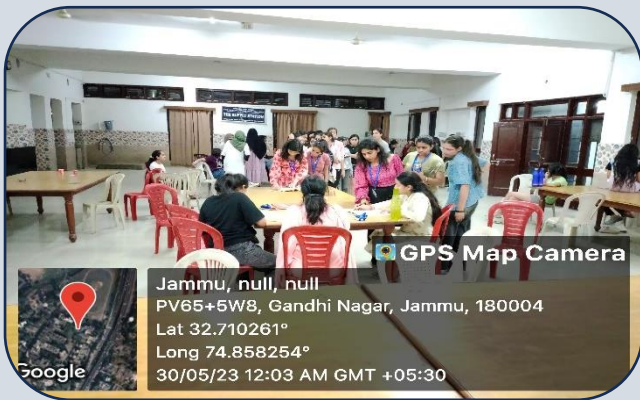
# Surinsar Bird Festival

On November 12<sup>th</sup> 2022 hostel girls went to the bird festival at Surinsar. The journey commenced at 06:30 AM and reached there at 07:30 AM, it was followed by a bird walk, Lake walk and breakfast. There were some dance performances by Local schools and colleges and a painting competition. It was a great experience witnessing nature and different bird species, and interacting with professional wildlife photographers.



# Weekly meetings with the hostellers

Weekly meetings are arranged at the hostel twice a week. This initiative aims to promote communication, address concerns and foster a sense of community among the residents. The regular meeting provides an opportunity for the students to connect with the warden. This meeting serves as a platform where students can voice their opinions and discuss various topics such as grievances, safety measures, extracurricular activities, etc.



# Merry Everything!

The hostel mess was transformed into a heaven of joy and merriment as the hostellers came together to celebrate the magical occasion of Christmas on 25<sup>th</sup> December 2022. The mess hall was adorned with vibrant decorations, sparkling lights, and a beautifully adorned Christmas tree radiating an aura of enchantment.



# Lohri Celebration

The hostellers of the college celebrated Lohri on 13<sup>th</sup> January 2023 with full rituals. Lohri celebration in the hostel exemplifies the spirit of Unity, camaraderie and cultural appreciation. Despite being away from the home and family students find solace in each other's company. The Lohri celebration in hostel becomes a testament to the diversity and vibrancy of Indian culture, as students from different backgrounds unite to create a memorable experience. It serves as a reminder that tradition can thrive even in the confines of the hostel, bringing joy and a sense of belonging to all those who participate.



# Rangwali Holi

The hostellers of PSPS GCW College celebrated Holi on 8<sup>th</sup> March 2023. Holi celebration in hostel exemplify the spirit of Unity, Joy and uninhibited celebration. The vivid colour, playful water fights, cultural exchanges and mouth-watering delicacies, Holi in hostel encapsulates the essence of togetherness and shared happiness. The celebration of Holi within the hostel walls become a testimony to the power of cultural diversity, fostering lifelong connection and creating an un-forgettable experience for everyone involved.





# Millet Mela Walkathon

The Food & Drugs Administration of the Union Territory, in collaboration with the Food Safety & Standards Authority of India (FSSAI), organised an Eat Right Millet Mela (ERMM) in PSPS GCW Gandhi Nagar Jammu on 8<sup>th</sup> April 2023. The hostellers of the college participated in the millet mela. The Eat Right Millet Mela featured various activities such as cultural programs, painting and poster competitions, rangoli and food stalls showcasing millet-based food items. These events aimed to promote the inclusion of millets in daily meals to prevent lifestyle non-communicable diseases such as hypertension, diabetes, and obesity, improve cholesterol levels and reduce the risk of cardiovascular diseases.



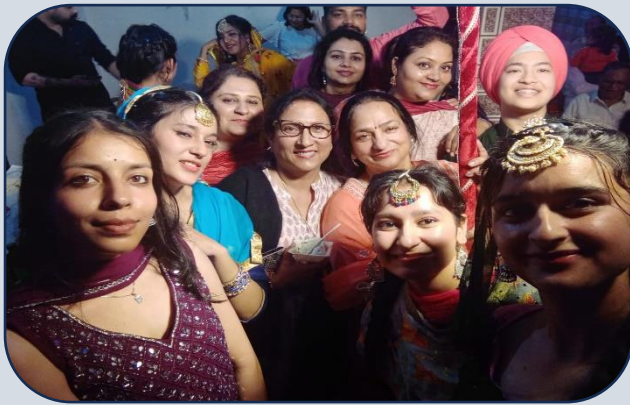
# Rangoli Competition

In a vibrant display of colours and artistic finesse, PSPS GCW College hosted an exhilarating rangoli competition on 8<sup>th</sup> April 2023. The hostellers of the college also took part in the competition showcasing their creativity and celebrating the rich cultural heritage of India through the rangoli based on ancient art forms. The air was filled with excitement as the participants unleashed their imaginations and brought life to the canvas of the college grounds.



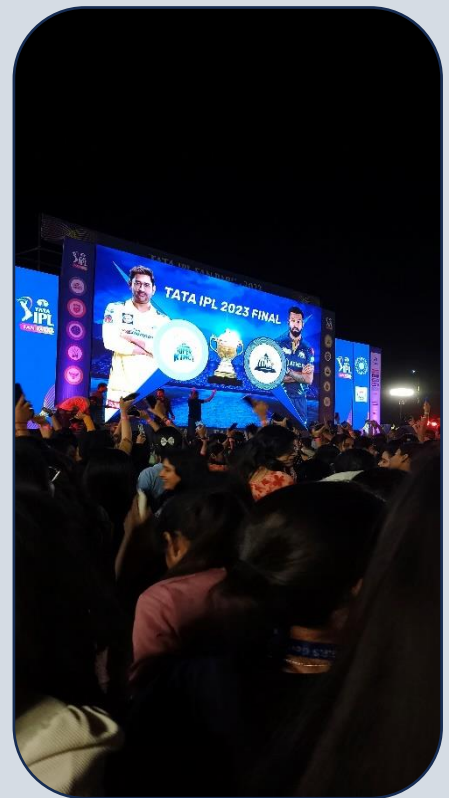
# Baisakhi festival

The residents of PSPS GCW Hostel celebrated Baisakhi on 14<sup>th</sup> April 2023. Baisakhi or Vaisakhi, the harvest festival, is celebrated with great enthusiasm to mark the beginning of the new spring and is celebrated in most of India as the new year. It signifies the end of the harvest season in India, marking a time of prosperity for the farmers. Also called Vaisakhi, it is a festival of tremendous joy and celebration. Baisakhi is especially significant to Punjab and Haryana, because of the large Sikh population who celebrate this festival with a lot of energy and vigour.



# IPL Fan Park

IPL Fan Park are popular events organised during the Indian Premier League (IPL) allowing fans to come together and enjoy the cricket matches on the big screen in a lively and festive atmosphere. For the first time, IPL fan was arranged at PSPS GCW Gandhi Nagar College on 28<sup>th</sup> and 29<sup>th</sup> May 2023. It provided an opportunity for cricket enthusiasts, students and local residents to experience the thrill of IPL matches. Hostel students visited IPL fan park set at college premises to experience the screening of final IPL match along with hostel warden and hostel committee members.



# Yoga Day

On June 21, 2023 yoga day was observed in PSPS GCW Gandhi Nagar Jammu under the guidance of the esteemed resource person, Shri Rakesh Gupta, a renowned yoga convenor at Arogya Bharti, Jammu and Kashmir and Ladakh. The participants engaged in various yoga exercises and poses.



# Superannuation of the hostel cooks

The hostel hosted the superannuation of the hostel cooks Subhash Sharma, Darshan Nath, and Devi Das. They have spent the last 33 years working in the hostel. The hostel is thankful for their dedication, for making delightful dishes, and for every dutiful service in the kitchen.



# Green Audit Inspection

There was a two-day visit for GREEN AUDIT INSPECTION on July 10 and 11, 2023. The Team came from Delhi to visit. The performance on several aspects, such as the college's environmental policy, waste management, strategy for managing water and energy, etc., was detailed in the inspection report.



# Farewell cum Freshers 2023

On 6th August 2023 the students of semester 4th, along with the senior batch, bid farewell to the outgoing hostel residents and welcome the new freshers in a grand celebration. The event was organized by the students of semesters 4th & 6th under the supervision of the Hostel Warden, Anita Kotwal, and Assistant Warden Vandana Sharma. The function started with the formal lighting of the lamp by the principal of the college Prof. Minu Mahajan and other faculty members present and ended with the crowning.





# Presidents from Hostel

It's a proud moment for us that the presidents of the college union for the last two years are from the hostel. Both are hostelers namely Pooja Chargoitra and Nidhi Thakur.

*Being the President of the college and a hosteller, it was a great opportunity for me to know the very nature of my Collegemates and their grievances. The familial support from the warden mam Mrs. Anita Kotwal and assistant warden Mrs. Vandana gives the hosteller an environment of growth and emotional well-being. It was very assisting and a blessing for me to be in the hostel and have exposure to different thoughts and cultures. I am very proud to be a Hosteller from PSPS GCW Hostel.*

Pooja Chargoitra (PRESIDENT)



*Living in the hostel has taught me the true meaning of independence. It was in this lively environment that I learned to manage my time, balance my responsibilities, and make decisions on my own. Thank you, hostel life for shaping me into the person I am today. It was a home away from home, friends who have become my second family, my respected warden mam Mrs. Anita Kotwal who has become my parent. As I move on to the next chapter of my life I will forever carry the lessons and memories that the hostel life gifted me.*

Nidhi Thakur (PRESIDENT)

# Hostel staff working

To the hostel cleaning workers at PSPS GCW Gandhi Nagar Jammu, we would like to express our sincere gratitude and honour. Their exceptional effort and dedication significantly enhance the hostel's efficiency and cleanliness. A clean and comfortable atmosphere for the inhabitants is crucially maintained by the personnel. They work nonstop to keep the hostel hygienic, comfy, and clean for everyone that stays there. They put in a lot of effort, often in the background, to make sure the hostel serves as the student's home away from home.



# Hostel Staff



Mrs. Vandana Sharma  
(Assistant Warden)



Raju Singh  
(Gardener)



Suraj Nahar  
(Janitor)



Parvez Ahmed  
(Janitor)



Ashok Kumar  
(Gatekeeper)



Satish Kumar  
(Gatekeeper)



Compiled, Edited, and Designed by Prof. Neelam Bhagat  
&  
Mrs. Anita Kotwal (Hostel Warden)